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important day for general practice and to patients. There will be a charge to recruit so many GPs and attract back to the profession many of those who have retired early gone to work abroad. The NHS hopes that the weak increase in resources will make it easier for patients to get the care that they need. Drinking alcohol, eating processed meat and being overweight have been strongly linked to stomach cancer for the first time. The risk of getting stomach cancer is higher in people who consumer more than 45g of alcohol a day, which is around three alcoholic drinks. It's also higher in those who eat more than 55g of processed meats, such as bacon or sausages, a day. Being obese or overweight also increased the chances of getting the disease. Taking an aspirin pill a day could increase your chances of surviving common cancers. New data from studies of bowel, breast and prostate cancer shows taking a low-dose aspirin alongside cancer treatment reduced the likelihood of dying by a fifth.

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